

## *Antioxidant pool*



### Ingredients – 6 pills content:

Grape marc (fruit) – 600mg,  
Acai (fruit) – 420 mg,  
Acerola (fruit) - 420 mg,  
Pomegranate (peel) - 300 mg,  
Green tea extract (leaf) – 300 mg,  
Mare milk - 600mg  
*Produce by organic farming*

### Plants' origin:

**Grape marc** is obtained during pressure (winery) by separation from the must of: silver skin, cobs, and seed.

**Acai** is a South-American palm tree (from South of Middle America until North of Brazil). This kind of tree could reach 20m high and grows mainly in wetlands. Nowadays, this strain is mostly farm in Brazil. For centuries, Acai berries were a part of traditional food of Indigenous Amazonian people.

**Acerola** is also a shrub from South America, particularly in Peru and Amazonian forest of Brazil and Venezuela. Acerola fruit is edible with acidulous and pleasant taste. Acerola contains high amount of Vitamin C and minerals.

**Pomegranate** is a large berry containing seeds wrapped up in red pulp. The pomegranate is grown in many dry tropical and subtropical areas from Europe, Africa, and Asia, and also in America between California and Chile.

**Green tea** is a non-fermented tea (unlike black tea), obtained after processing of leaf tea tree. This tree comes from the mountain area between China and India, and is suitable to tropical area weather.

**Properties:** Antioxidant activities thanks to its capacity to trap free radicals.

Grape marc keeps with it all polyphenols (Pro-Cyanidolic Oligomer (PCO) and resveratrol) contains in grape berries, which allows it to get high antioxidant activity.

Fruit from acai is a berry with high amount of anthocyanins which has powerful antioxidants. Anthocyanins are polyphenolic compounds which gives to the fruit its dark cardinal red color. Study has showed that silver skin of berries contains between 10 to 30-times more anthocyanins than in red wine. Anthocyanin may have various health benefits thanks to its antioxidant activity. Antioxidant compounds help cells thanks to a protective action against

free radicals. Those free radicals are known to be involved in several chronic diseases, like cardiovascular or cancer.

Acerola is an immuno-stimulant which boosts organism's defense. Thanks to its high content of Vitamin C, acerola is used for its anti-bacterial and energizing properties. Acerola also contains high values of phosphorus and calcium minerals, vitamin B cluster (thiamin, riboflavin, pyridoxine). Moreover, because acerola contains also a great content of flavonoids and anthocyanins, it could be used as an antioxidant.

Pomegranate contains a widely range of flavonoids whose ellagic acid. A study showed that an extract of pomegranate helped to protect livers from intoxicated rats. Indeed, ellagic acid helps organism to detoxify itself, thanks to its ability to protect liver from oxidant stress, and other damages caused by toxic component. Other studies proved that pomegranate extract improved the shelf-life of fibroblasts, which are cells from the derma and which produce collagen and elastin. This effect on collagen and elastin could lead to an improvement of recovery from injuries, a decrease of lipid peroxidation of skin cells, and also a protection from UV-light. All of those properties allows pomegranate to reverse skin ageing process thanks to an efficient turnover of skin cells.

Green tea extract is also a powerful antioxidant which helps organisms to fight free radicals.

### **Usage tips:**

Four to six capsules in a day during the meal.

### **Packaging:**

Pillbox of: 90 pills x 500mg